

## How to Delegate and Motivate

### AUDIENCE

The course is designed for managers who are responsible for managing more than one person and who need to take greater control over time management and the motivation of not only themselves but also their team.

### SUMMARY

This two-day course is designed with a blend of tutorials, syndicate discussions, videos, questionnaires and carefully selected exercises that assist in reinforcing the theoretical elements of the course.

The course also looks at the theories behind motivation and challenges the perceptions held by participants concerning factors influencing the motivation levels of their staff. There is considerable research to suggest that the most powerful and influential drivers are intrinsic rather than extrinsic.

***"Motivation is based on growth needs. It is an internal engine, and its benefits show up over a long period of time. Because the ultimate reward in motivation is personal growth, people don't need to be rewarded incrementally"***

Herzberg

### COURSE AIMS

By the end of the course the participants will be able to:

- *Involve their team appropriately and effectively in decision-making.*
- *Delegate responsibility and accountability to their team.*
- *Use their understanding of different working styles to motivate individuals within their team.*
- *Develop a strategy to co-ordinate team activities effectively.*
- *Show trust in, and inspire trust from, team members.*
- *Involve their team appropriately.*

### COURSE SESSIONS

- *So - Why Don't You Delegate?*
- *Can You Really Motivate Another Person?*
- *Key Drivers - Building a Sense of Worth*
- *Action Planning & Next Steps*

**A full and detailed syllabus is available. Simply email us or visit our website to request further information. Alternatively call us on the number below.**